



Cantina Laredo adds gluten free and vegetarian prix fixe menus for summer

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Just in time for Summer. Cantina Laredo, with locations at the Village of Gulfstream in Hallandale and Midtown in Palm Beach Gardens, has introduced a “Tres Course Menu” for \$17.99 per person that includes gluten free — Chili Con Queso; Ensalada de Mango y Pollo, chicken and mango with jicama, seasoned pumpkin seeds, grapes, mint and queso fresco with honey vinaigrette; and Flan, a Mexican custard with caramel sauce and a hint of Cointreau — and vegetarian options — Enchilada De Espinaca, with sautéed spinach, Monterrey jack cheese and mushrooms, topped with a sour cream poblano sauce.

The Tres Course Meal also offers Cantina’s signature dishes, i.e.

Quesadillas de Pollo as an appetizer, entrée of Enchilada Veracruz, Pollo Chipotle, Oaxaca Relleno, or Pescado del Dia; and Flan or Mango Tres Leches for dessert.

Cantina Laredo Hallandale at Gulfstream Park, 501 Silks Run, Hallandale Beach, [954-457-7662](tel:954-457-7662)

Cantina Laredo Palm Beach Gardens, Midtown Plaza on PGA Boulevard, 4635 PGA Boulevard, Palm Beach Gardens, [561-622-1223](tel:561-622-1223)

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